

# HealMe Holistic Clinic

**Dr Anita Garg**

Ayurvedic Physician



Page : 1

Name :

Dated :

Gender :

Age :

Mobile :

Height : CM

Weight - Past: KG | Current: KG

Date & Time of Birth : | :

Prakriti: Balanced Vata: 1 | Pitta: 1 | Kapha: 1

Level of Your Mind - Body Impurities: 0 (Mild)

Indigestion Score: 0 (Mild)

Parasites: 0 (Mild)

\*1 to 17 = Mild | 17 to 34 = Moderate | 35 to 51 = Severe



करें योग रहें निरोग ।

स्वस्थस्य स्वास्थ्य रक्षणं, आतुरस्य विकार प्रशमनं।